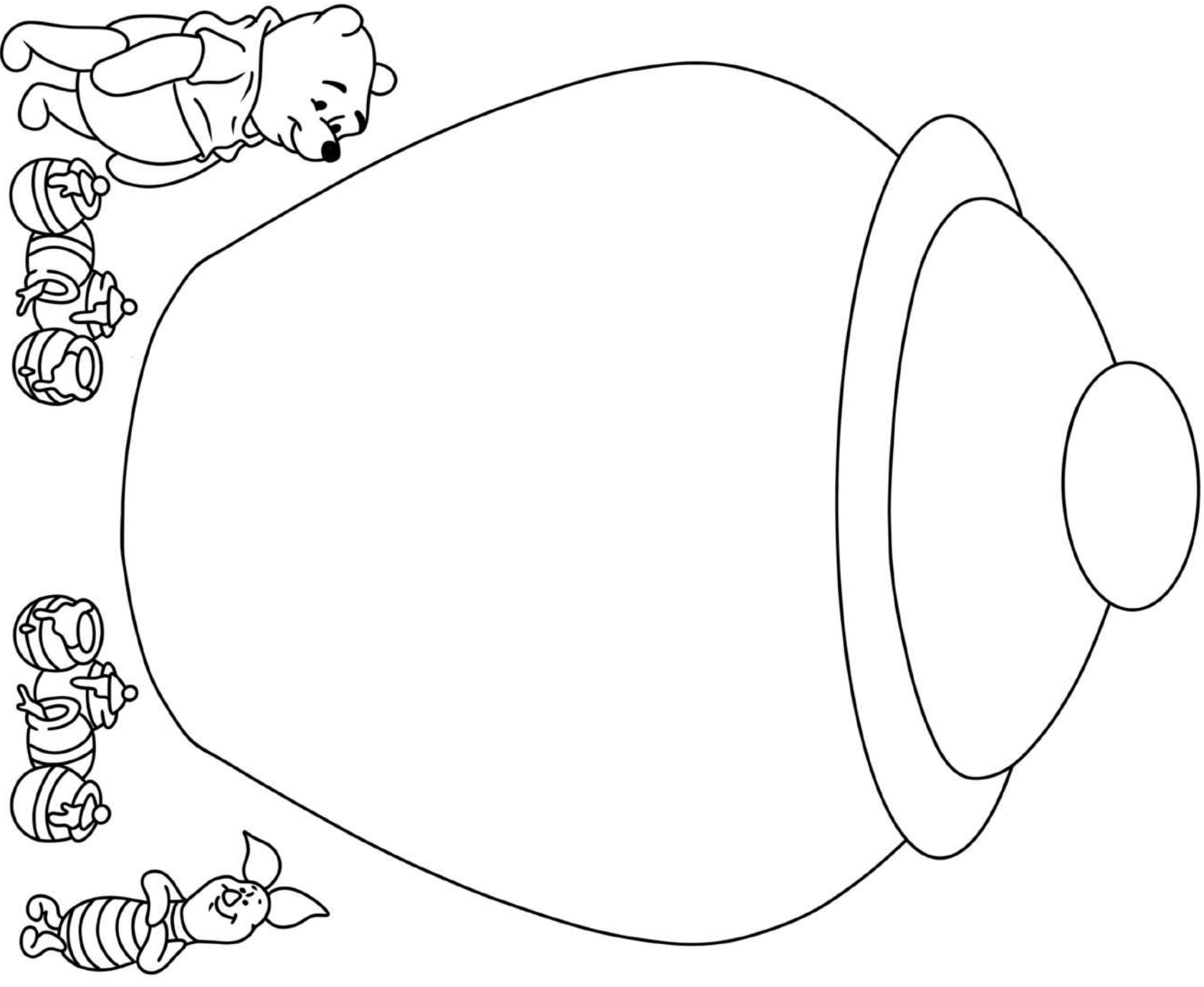


POT OF PERSONALITY!

Show Pooh and Piglet all the things that make you “you”, and fill their huge honey pot with words or drawings to represent your favourite things!



POOH'S FLOWERS OF FEELINGS

Designed by @lucysroomtoys

Help Pooh colour these flowers as you track the feelings you experience throughout the week. There is one flower for each day of the week. Use the colour chart to colour them in to represent some of the feelings you experience each day. If you experience a feeling not on the chart below, assign it your own colour. You may experience more than one feeling each day so you could colour the petals different colours to represent them all. Try and think about why you felt those different feelings. Maybe you could write about them or talk to someone about them.

Happy - Yellow

Jealous - Green

Sad - Blue

Excited - Purple

Angry - Red

Worried - Pink



Monday



Tuesday



Wednesday



Thursday



Friday



Saturday



Sunday